



# 470 ETIMES

ISSUE: NOVEMBER 2007



## MARTA WORES ABOUT THE OPERATIONS AT THE OPSG SAILORS SUPPORT PROGRAMME.

**"As far as I know, 470 Internationale is unique in the development of such programmes and coaching clinics."**

470 Internationale launched the 2008 Olympic Pathway Solidarity Grant in the end of 2006. The Programme successfully lead to the participation of six additional nations at the 2007 ISAF Sailing World Championships. The Programme also provides 470 Internationale with knowledge and new information how to establish Olympic sailing activity in general in nations around the World where sailing is not a high profiled sport. The Programme continues with a second edition at the 2008 470 Class World Championships in Melbourne (AUS).

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## 'JUNIOR POWER'

The International 470 Class looks at an invasion of talented Juniors, attacking the successes of the seniors. This development ensures a strong future of the International 470 Class and has a positive influence on global competition.

Read the articles about the combined 420&470 Junior Europeans and 470 Junior Worlds



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## 470 ATHLETES

Top players in the international 470 class. Why do they race and what makes them go for more? Maybe you can learn something from them for your own racing!

In this issue an interview with Sven Coster and Saskia Clark

## NATHAN WILMOT & MALCOLM PAGE

**"WE HAVE UNFINISHED BUSINESS....."**  
***Is "Medal Maker" Victor Kovalenko going to do it again? Gold for Men and Women like Sydney 2000?***

Nathan Wilmot and Malcolm Page from Australia became World Champions in the 470 Class for the third time. An overview what went wrong in Athens 2004, a story about an Olympic campaign.

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## MARCELIEN DE KONING AND LOBKE BERKHOUT NOMINATED FOR ISAF ROLEX WORLD SAILOR OF THE YEAR AWARD

470 Internationale is very proud to notice that the Dutch 470 team, Marcelien De Koning and Lobke Berkhout, has been shortlisted.



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[www.470.org](http://www.470.org)



## 470 ETIMES

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## 470 INTERNATIONALE

### GENERAL ASSEMBLY

#### ESTORIL—PORTUGAL, 14 JULY 2007

Important decisions were taken at the Annual General Assembly of 470 Internationale, governing body of the International 470 Class, that took place the 14th of July 2007 in Estoril, Portugal. Besides the approval of the regular administrative items on the agenda, the General Assembly voted in favour of proposals aiming at the improvement of the relation of sports and professionalism of the 470 Class. Alain Corcuff was granted the Honorary Membership.

#### ENFORCEMENT OF RRS 42

Wind speed limit in Class Rule C1.1: following to a proposal of the Australian 470 Class Association, signed by the multiple 470 World Champion Malcolm Page, the General Assembly voted in favour of the reduction from 10 to 8 knots the wind speed limit from which pumping, rocking and ooching may be allowed. This Class Rule change will be then submitted to the ISAF for its approval.

#### COLOURED HULLS

(Class Rules D1.1.c): following to a proposal of the Management Committee, the General Assembly voted in favour of the deletion of the provision which states that the outside of the hulls shall be only white, thus answering to the possible demand of sponsors to personalize the hulls with their brand colours. This Class Rule change will be then submitted to the ISAF for its approval.

#### HONORARY MEMBERSHIP

The General Assembly, on a proposal of the Management Committee, granted an Honorary Membership to Mr. Alain Corcuff (FRA), actual Secretary General of the 470 Internationale and its tireless and most valuable officer, as well as Race Officer at the Class Championships, for at least three decades.

#### FUTURE CHAMPIONSHIPS

Future championships: the General Assembly, based on the bids received from National Class Associations, granted the right to organize the following championships to:

- JUNIOR WORLD CHAMPIONSHIP 2009: GREECE, THESSALONIKI
- JUNIOR WORLD CHAMPIONSHIP 2010: QATAR, DOHA
- MASTER'S CUP 2008: BULGARIA, VARNA
- EUROPEAN CHAMPIONSHIP 2011: SCOTLAND (GBR), LARGS\*

\* subject to positive conclusion of the site inspection



### THE MANAGEMENT COMMITTEE

#### EXECUTIVE COMMITTEE

- ALBERTO PREDIERI  
President
- MARTA WEÖRES  
First Vice President
- ALAIN CORCUFF  
Secretary General
- MARTIN STEIGER  
Treasurer

#### MANAGEMENT COMMITTEE MEMBERS

- VIKTOR KOVALENKO  
Vice President
- ERICO HOFFMANN
- ARTHUR THÜRINGER
- DIMITRIS DIMOU  
Technical Committee Chairman

#### WHAT IS THE ISAF ATHLETES' COMMISSION

What to do when you do not agree with racing rules? Or you have problems with the doping control? Or the courses? What if there is an urgent message you wish to discuss with other sailors? But you never knew how or you didn't think your voice alone would help. Now there is a solution: the Athletes' Commission.

The ISAF Athletes' Commission is the advisory body of the ISAF Executive Committee in respect of the view and input of sailors actively campaigning for the Olympic Games and it is composed by one representative of each Olympic Class (the 470 and RSX has got two representatives, one for women and one for men), elected directly by the sailors, ultimately at the ISAF World Sailing Games in Cascais last July.

The 470 Class Men are represented by Andreas Kosmatopoulos (kosmatopoulos@technicalpress.gr), the 470 Women by Marcelien de Koning (marcelien@yahoo.com)

The AC is the voice of the sailors at ISAF. Twice a year the AC meets and discusses sailors' inputs and gives advice to ISAF during the ISAF Annual Conference in respect of Olympic sailing issues.

If there is anything you would like to tell, please feel free to mail each of the above 470 representatives in the AC anytime or find them anywhere during racing. Or find more information on the ISAF web site: <http://www.sailing.org>



## NATHAN WILMOT AND MALCOLM PAGE (AUS 311)

Golden Dreams, adrenaline and three 470 Class World Titles.....

### WE HAVE UNFINISHED BUSINESS...

Nathan Wilmot and Malcolm Page from Australia have managed to fetch the World Championship Title in the 470 class for the third time. After winning the title in 2004 and 2005, they lose the World's Title in 2006 to Great Britain's Elliot Willis and Nic Asher in the Medal race to finally take home Silver.

By these efforts, all ingredients are there to write history in the Olympic Sport, however there is just one, "minor" thing they have to accomplish: to win Olympic Gold.

The leaders in the 470 Men seem to be the best in 470 Worlds events, but how about the Olympics? In the 2004 Olympic Regatta in Athens they ended up in 12<sup>th</sup> position.

#### A DREAM ONE CANNOT DESCRIBE

An Olympic campaign means four years (or more but no less) of traveling around the World, training, developing and racing regatta's. Not even to mention the intensive sailing programme that started at a very young age.

Then in the end, if one makes it and qualifies for the Olympics, the Grand Final of an Olympiad takes place in the Olympic Arena in a battle of about two weeks.

Some sailors say it's a dream already just to be there, but of course, in the heart and the mind of any athlete, there is this dream one cannot describe: Olympic Medals!

There is no doubt that at the Olympic Regatta, one must be ready and able to apply all information, knowledge and experience gained in the past years at one single event.

With four years behind you racing International Championships, often attended by mostly local media only, all Olympic Sports with its athletes gather at one sports event with the World's media on top of it, putting more pressure on the athlete's efforts as the event develops.

#### NO TEARS OF JOY, BUT MINDS SET TO THE NEXT MILESTONE

After the 470 Class Medal Race of the ISAF Sailing World Championships in Cascais, Nathan, Malcolm and coach Victor Kovalenko embrace each other, the Australian Flag is hoisted into the mast and course is set to the harbour to climb the podium.

Of course there is happiness, but there are no tears of joy, and the focus on the next milestone is the subject of the conversation just a few moments after the prize giving ceremony. It gives one the feeling that obviously there are other things on their minds. By winning the Worlds again, they have just reached another goal in their campaign.

A question might raise: how is the feeling within the Australian camp, led by "medal maker" Victor Kovalenko.

How do they work towards the next Olympics, what are the plans and strategy

It is the only issue that is not spoken about openly.



**Is "Medal maker" Victor Kovalenko going do it again ? Olympic Gold for both 470 Men and Women.**

Shortly after the ISAF Sailing World Championships in Cascais, the 470 athletes move to China, for the Pre Olympics in Qingdao.

Nathan Wilmot and Malcolm Page win in the 470 Men, and their Australian female team mates Elise Rechichi and Tessa Parkinson in the 470 Women.

Are Victor Kovalenko and his teams on their way to do it again ? Gold for Australia at the Olympics for both the 470 Men and Women, just like Sydney 2000 ?

It will take about exactly ten months from now until we know.

It does make the developments in the 470 class interesting. Maybe you cannot always get a view on the race course during one event, but the overview of results is like a checkerboard for a game of chess during four years on the way to the Olympics. If you find the backgrounds and get track of the trends, it makes it more interesting.

The Australian 470 Women are moving up fast, taking a third place at the latest Open 470 Europeans in June, leading the Worlds overnight after the first day of racing. Learning about the ladies we meet interesting names who have been coaching them: Eric Stibbe, a Dutch coach who has settled in Australia. Stibbe sailed 470's with John Stavenuiter, who designed and developed the KD 470, one of the most popular 470's in those days. Then there is Belinda Stowell, Gold medalist in the 470 Class of Sydney 2000 with Jenny Armstrong.

And last but not least, Victor Kovalenko, "maker" of two Olympic Medals for the Ukraine in Savannah 1996 and two Gold Medals in Sydney 2000.

#### LOOKING BACK ON THE ATHENS OLYMPICS

Nathan and Malcolm look forward to the Worlds that will take place in their home country in January 2008, and look back on the Olympics of 2004

*"We had the ability and the opportunities, we only didn't know how to use them under the pressure of the Olympic Games"* Malcolm said

*"It is a matter of experience, we were not consistent enough, sometimes going up and down like a jojo. Sometimes pushing it too hard and not pushing it enough at other times"* Nathan added.

#### A TEAM OF TEACHER AND STUDENT

Nathan and Malcolm have a good sense of humour and it makes it a pleasant talking to them. Although Nathan is not as much of a speaker as Malcolm, it is obvious that they speak as a team and never for themselves as a separate crew member.

Nathan has a background in the 420 class. As a youth sailor, he and his coach did not know at that time how the future would bring them further together: Malcolm Page, sailing 505's, 18ft skiffs and 470's starting in 1997.

Both Nathan and Malcolm campaigned in separate teams for the Olympics in Sydney 2000, which they both miss.

In 2001, Nathan and Malcolm team up and start their booming Olympic two Person dinghy career.

Just to expose themselves to the high expectations of the public in preparation for the Olympic Regatta in Athens 2004, the decide to participate in the 420 Worlds of 2004.

Malcolm, who has never sailed in 420 in his life, trusts in Nathan's experience and they finally win the event.



## NATHAN WILMOT AND MALCOLM PAGE (AUS 311)

CONTINUED FROM PREVIOUS PAGE <<

### THE DIFFERENCE BETWEEN A BUSINESS CAREER AND BEING AN ATHLETE

Also times are changing. Being an athlete and having a business career is out of the question. At least that is what sailors in the 470 two person dinghy experience.

So what is the difference between following the Olympic dream and making a business career or to become an entrepreneur.

*"It is the passion that is driven differently"* Malcolm said *"We're doing what we love, and dream about winning. I guess in many cases, winning for an entrepreneur is building a business, make money and establish a personal life. What we do have in common with an entrepreneur is that you need to get good results to get investors believing in you and invest in your campaign. The sailing sport is getting more and more professional and finding funds and resources is essential to get even started. Our team is much bigger than the both of us. We are, and have been supported by parents, family and friends to whom we owe so much".*

### ABOUT THE BEIJING 2008 OLYMPIC GAMES

*"The Olympic Games is the pinnacle of the sailing sport"* Malcolm said, *"It is not only the Olympic Sailing Regatta which is your goal during four years, but you also meet athletes from all other sports. Of course our dream is about winning a medal at the Olympic Games. You work hard for fours years to get there with in mind that it is possible that it will not happen. The only thing you have in your own hands is to make that if you do not win a medal, you have to be convinced by yourself that you have done everything in your power to maximize the chances for a medal.*

*In the current situation, and besides dreams, we have unfinished business".*

### COMPETITION IN THE 470 CLASS IS PHENOMENAL

*"We sail a 470 because it is an amazing technical boat with a lot of controls that makes it go or not. It's also a well established class around the world with a high caliber of sailors in most nations. Competition is phenomenal".*

***"When it gets this rough I guess there is some kind of silence in our boat, maybe that's out the scariness of the moment"***

### ADRENALINE LIKE IN FORMULA 1 RACING

The Australian Men are known as best performers in strong winds, although they have built this image within the previous Olympiad.

During the ISAF Sailing World Championships in Cascais, conditions got pretty rough sometimes by wind gusts reaching far over 35 knots and waves rolling in from the Atlantic swept up high. It demanded the utmost from the sailors to keep control over their boats.

On day three of racing, conditions got so rough that the boats were kept ashore.

*"We are used to such conditions where we come from. Going out now would be terrifying, however it would be entertaining"* Nathan said with a smile, *"Sailing with these conditions can be freaky now and then, gripping the tiller with white knuckles sometimes. But it adds some excitement".*

*"When it gets this rough I guess there is some kind of silence in our boat, maybe that's out the scariness of the moment"* Malcolm added.

Unfortunately, the spectators do not always see what is happening on the water. On a Formula 1 race course cameras are positioned at the dangerous spots around the course, for the pleasure and excitement of the spectators. Hilarious!

*"I remember this regatta a long time ago in very rough conditions. We approached the mark full planning on a reach and crashed into a coach boat. It was a miracle that no one got injured. Maybe it was not with the same speed of a Formula 1 racing car, but the power of the wind and waves has a lot of impact and the fact that you are much less protected as in a F1 racing car, sailing can be more dangerous as one might think".*

Nathan Wilmot and Malcolm Page rule the waves in heavy winds and light air. They have shown that this year by winning the Worlds in Portugal and Pre Olympic Test Event in China.

The clock is ticking and in only two months, the 2008 470 World Championships will take place in their home country; Australia.



Article by Rick van Wijngaarden

Photos by Dave Bell



## 470 INTERNATIONALE SAILORS SUPPORT PROGRAMMES

### 470 INTERNATIONALE SUPPORTS WORLD WIDE EQUAL COMPETITION.

470 Internationale recognizes the fact that every sailor with extraordinary talent by nature, in whatever country a sailor lives, he or she must be able to join the competition on the highest level of sailing.

Sports development is not a logical issue in all countries around the world. However, this does not mean that these countries have sportsmen that have the same enthusiasm, talent and especially: the Olympic dream.

It is therefore, that 470 Internationale started to develop Sailors Support Programmes since 2005, aiming at athletes from such countries, to support them to join the International racing scene.

Since 2005, four Sailors Support Programmes were established, with the latest, launched at the end of 2006, the 2008 Olympic Pathway Solidarity Grant (2008 OPSG).

The current Sailors Support Programmes, with the exception of the latest 2008 OPSG, have long term objectives and return annually.

### 2008 OLYMPIC PATHWAY SOLIDARITY GRANT

**SECOND STEP: FINANCIAL SUPPORT FOR 470 SAILORS OF COUNTRIES AIMING AT QUALIFYING FOR THE 2008 OLYMPIC GAMES IN THE 2008 WORLD CHAMPIONSHIPS.**

The International 470 Class Association is strongly committed to help the 470 sailors around the world in competing at the 2008 World Championships, to be sailed in Melbourne, Australia in January 2008, and to cooperate with their National 470 Class Associations and National Sailing Authorities. This event will be the last qualification regatta of the nations for the 2008 Olympic Games.

In order to help the 470 sailors from countries where Olympic sailing is less active and support them to take part in the qualification regattas, the International 470 Class Association has decided to set up a specific grant (the 2008 Olympic Pathway Solidarity Grant, "2008 OPSG").

The first part of the 2008 OPSG consisted of providing to the admitted sailors the chance to rent for free up to 6 (six) chartered 470's from Nautivela for the 2007 World Championships in Cascais.

The second part of the grant will provide financial support for teams for their boat shipping to the venue of the 2008 World Championships.

**THE TOTAL BUDGET THAT 470 INTERNATIONALE WILL ALLOCATE IS 10.000 EUR MAXIMUM**

**470 Internationale calls crews and nations as mentioned above, to apply for the Programme**

Conditions and more information can be found at the web site of 470 Internationale : [www.470.org](http://www.470.org) | Programmes |

### SOLIDARITY PROGRAMME

**TO SUPPORT TALENTED TWO PERSON DINGHY SAILORS WITH OLYMPIC POTENTIAL FROM COUNTRIES WHERE SUPPORT IN THEIR HOME COUNTRY HAS NOT BEEN DEVELOPED YET.**



The 6 crews admitted to last year's edition received one free set of sails and future discounts from Olympic Sails ©, the sole sponsor of the 2006 edition.



470 Internationale has also paid the entry fee for these crews to participate in a 470 Class Championship of their choice in 2007. (Worlds, Europeans, Junior Worlds, Junior Europeans and Master's Cup)

470 Internationale intends to continue the Solidarity Programme in 2008.

### THE ANDRÉ CORNU GRANT

**TO STIMULATE TALENTED AND SUCCESSFUL TWO PERSON DINGHY YOUTH SAILORS TO CONTINUE THEIR SAILING CAREER TOWARDS OLYMPIC LEVELS IN THE INTERNATIONAL 470 CLASS.**

Each boys and girls crew that won the Gold Medal at the Volvo Youth Sailing ISAF World Championships in the two person dinghy discipline, received an amount of 1000 euros in cash, if they participated in either the 470 Class Junior World Championship, or the 470 Class World Championship.

The Programme continues in 2008.

### JUNIOR SUPPORT PROGRAMME

**TO STIMULATE THE YOUNGEST 470 SAILORS, BOYS AND GIRLS, TO FOLLOW THEIR OLYMPIC DREAM ON AN EARLY AGE, AND PARTICIPATE IN THE INTERNATIONAL 470 JUNIOR CHAMPIONSHIPS.**

The Programme was originally established to stimulate the Sailing Sport for Women.

Nautivela, licensed 470 builder, has supported the 2006 edition of the Junior Support Programme by making available a third grant in the amount of 900 euro to the youngest Boys team in the Junior Worlds.



The two youngest Girls' crews and the youngest Boys crew (the sum of age of helm and crew), participating in the 470 Junior Worlds of 2006, received an amount of 900 euro in cash each.

The Junior Support Programme continues in 2008.

**MORE INFORMATION AND CONDITIONS FOR APPLICATION CAN BE FOUND OF THE 470 CLASS WEB SITE: [HTTP://WWW.470.ORG](http://www.470.org)**

**470 Internationale calls sponsors to come onboard to support the Sailors Support Programmes**

For more information about sponsorship advantages and/or information about the Sailors Support Programmes, please contact Marta Weöres: [marta@470.org](mailto:marta@470.org)



## 470 INTERNATIONALE SAILORS SUPPORT PROGRAMMES

### JUNIOR GRANTS

Classes such as the Optimist, Sabot, and P class, initially got most of us into sailing. Giving us the basic skills to handle a tiller, sheet in and control sails. Laying the foundation to good boat handling. The 420 class is the next natural step to developing further skills, and closer racing.

The 470 class is extremely proactive in supporting junior sailing development. The Executive Committee has a number of schemes in place to help the encourage youth sailors to sail in the 470 class. This year at the Junior World Championships, a selection of competitors were given huge sized checks, at the closing ceremony.

### ANDRE CORNU GRANT

The first of the competitor to get a grant was Chelsea Hall from Australia: she won the 2006 Volvo Youth Sailing ISAF World Championship (thus eligible to the Andre Cornu Grant), receiving a cheque for € 700 and free entry to the Junior World championship. Chelsea participated in the Junior Worlds with another crew than the 2006 Volvo Youth ISAF Worlds.

### JUNIOR SUPPORT PROGRAMME

Three other awards went to the two youngest women's teams, and youngest men's team of the Junior World Championship: Sara Quattrochio and Fabiola Usanna from Italy, Dana Guz and Ravid Kanonich from Israel. All aged between 16 and 17 years old collected €900 per team.

The team of Emile Yankov and Alex Ivanov from Bulgaria was the Men's recipient: the boys couldn't contain their excitement, as €900 is a huge amount to these two 16 year olds.

So sizable grants were handed out, as well as a number of smaller cash prizes, and official 470 class merchandising items were given away under the new system (successfully) implemented by the Class in order to improve sailors participation at both the opening and closing ceremony. The presentations definitely were lot of fun and had all the people attending very excited. A good investment by the 470 class, helping a new group of potential champions for the future.

By Dave Bell

### MARTA WEORES ABOUT THE OPERATIONS AT THE OPSG SAILORS SUPPORT PROGRAMME.

*"As far as I know, 470 Internationale is unique in the development of such programmes and coaching clinics."*

*"Not only the sailors had many learning moments. So did I. Especially regarding the developments of sailing in countries that we do not see much in the sailing sport in general, and the barriers that youth talents from such nations look at working on their Olympic dream.*

*They all are very dedicated, most of them have been racing 470's for several years.*

*The problems they have in their development are different. It is obvious that the development of the sailing sport is way behind in some countries. This does not especially mean that there is a lack of interest.*

*They miss the experience of racing in larger fleets, expertise in tactics and tuning, equipment is old or outdated, or their experience is tied to the local weather conditions where they come from.*

*To see, feel and use a 470, equipped according to the latest standards and technology has been very supportive and stimulating for these young sailors. I hope they will use the information they gained during training and while racing in their favour, and that it will allow them to push the right buttons to get 470 sailing going in their country.*

*The support of the sailing and maritime industry is very important to allow an organization such as 470 Internationale to stimulate the development in the sailing sport. As far as I know, 470 Internationale is unique in the development of such programmes and coaching clinics. Looking at the cost, I guess this is no coincidence. However, for 470 Internationale it is a high priority to develop such programmes, and if it would be in favour of the entire sailing sport in the end, than we are happy about our contribution.*

*We gratefully acknowledge sponsors of other Sailors Support Programmes. For this 2007 edition of the OPSG, it was Dolphin Maritime, based in the Netherlands, who has been official sponsor of the Programme, providing a rib for the training camp prior to the event and coaching during the event.*



*At the ISAF Sailing World Championships, there has been training on the water for 4-5 hrs with an evaluation with video. Each team has received personal support in areas where they felt lack of knowledge or confidence, such as boat handling in strong winds or boat tuning. Also a seminar about the RRS has been a part of the training camp".*



### 2007 EDITION OF THE 2008 OLYMPIC PATHWAY SOLIDARITY GRANT (OPSG):

The Programme has been created last year in order to provide support to crews from countries that have not participated in International 470 Class Championships in the past, or at least for the last two years, and especially those sailors from countries that look at financial and/or infrastructural barriers to participate in such an event.

The Grant for this year's edition provided the admitted crews with a fully equipped 470 for the relatively small amount of 250 euros including all cost of insurance and transport for use during the ISAF Sailing World Championships, and a training and coaching service prior to, and during the event.

The Programme has successfully led to the addition of six countries participating at the ISAF Sailing World Championships in the 470 Class, allowing the six crews from these nations to take a chance to qualify their country for the Olympic Games in 2008: South Africa, Chile, Guatemala, Philippines, US Virgin Islands and Malaysia. Also a Ladies team from Hong Kong was admitted to the Programme, unfortunately they could not participate due to an injury.



## 470 INTERNATIONALE SAILORS SUPPORT PROGRAMMES

### SRB LETTER OF THANKS

The Support Programme requires from the sailors in the Solidarity Programme to write a report about their experiences and development. In this issue of the eTimes, we publish the report and letter of thanks of the sailors of Serbia. (SRB 85)



After we had been sailing an old Nauvela boat with Elstrom sails for three years, our sailing club granted us a newer Devoti boat with Proctor mast and Olimpic sails. Compared with the old one our new gear was noticeably stronger and better; the difference was evident from the very beginning. However, even with used UT type Olimpic sails (bought at the World Championship in Zadar 2004) we still had been slower than the others who, as we had noticed, had had radial cut

sails instead of classical ones. We had tried to find out the ways of sail trim and the price of such sails, but even used ones were too expensive and inaccessible to us. Soon after 12 days spent on this great championship, the biggest regatta we had participated in so far, it was evident that we had made great strides in sailing techniques.



Again, this was obvious at domestic championships where we easily had won first places. Regarding appalling conditions in which sailing had been at that time in former Serbia and Montenegro, we had faced even bigger problems in the next 2 years. Hardly anyone beside us had been interested in international regattas abroad because competitors would have had to bare costs on their own. Our crew, as well, had been in a financial crisis during 2005/2006 and therefore unable to

compete in any ISAF rang regatta. We had been forced to choose less important regattas in our neighborhood.

#### PRESENT:

After 2 long years a glimmer of hope finally appeared. Serbian Sailing Association slowly strengthened, so various opportunities for interesting regattas lied ahead of us. Strangely enough, at that time 470 Internationale and Marta Weores (Solidarity Programme Responsible), on the recommendation of our friends from Romania, emailed us an application for Solidarity Programme concerning the empowerment of 470 sailing.

Our wondering did not last for long because quite soon we received a conformation and all we had to do was wait for 470 International's decision. We were almost about to forget the whole process, when we received another email saying we were lucky enough to be among six winners of one set of Olimpic sails.



After minor problems with delivering the sails to our address, we finally received them just before the first bigger regatta this season – Isola Spring Cup in Slovenia. We had couple of training before this competition. Unfortunately, the lack of real wind made it impossible to try out the new sails entirely. However, the first day in Slovenia was marked with a 15-20m/s gale. We were delighted. Even in such strong wind our boat sailed very well up wind and fast too. In addition, we noticed that the radial cut of a main sail was clearly flatter and therefore far better for stronger winds than the classic Olimpic main sail. The jib had incredibly beautiful shape and as a result it sailed so perfectly close hauled, that it was breathtaking. It left us speechless! Certainly we saved the best for the end. Last but definitely not least is a pure white spinnaker with a big blue logo on it: 470 Internationale Solidarity Programme.



Concerning aforementioned, there is an overall impression that the sails you granted us and that we now proudly own are perfect (thanks to what we advanced our sailing skills) and that we were lucky beyond our wildest dreams to be selected among those six winners.

As far as popularising sailing in our country is concerned, we started performing our task in the first three regattas this season. On the Palic Lake where they were held we informed children who now sail optimist and laser 4,7 about sailing 470. we showed them our boat, mast, sails, various ways of trimming and promotional material Solidarity Programme had given us. Those who were braver and more resourceful experienced sailin g 470 themselves.



For those reasons we want to express our gratitude to 470 Internationale, Solidarity Programme, as well as to Olimpic Sails from Trieste for sponsorship. You gave us the following wind which helped us preserving 470 in Serbia.

#### FUTURE:

It seems that this action of yours is a turning point for sailing 470 in Serbia. It will certainly help young sailor to choose to sail this beautiful class in the future. We would also like to emphasize the fact that in Serbia we do not have a problem with skillful sailors but whit a lack of good quality gear. Therefore, we strongly support every following action off getting good quality gear for 470, because we are badly in need for it!

Many thanks,

**CREW SRB 85  
IVANCIR – ANTIC**



## CALENDAR

## PREVIEW

### 470 WORLD CHAMPIONSHIPS 2008

- 21 - 30 JANUARY 2008 / MELBOURNE, AUSTRALIA
- [WWW.470.ORG/CHAMP08/WORLD](http://WWW.470.ORG/CHAMP08/WORLD)

### 470 EUROPEAN CHAMPIONSHIPS

- 5-14 JUNE 2007 / RIVA DEL GARDA, ITALY
- [WWW.470.ORG](http://WWW.470.ORG)

### 470 JUNIOR WORLD CHAMPIONSHIPS

- 21-29 JULY 2007 / GDYNIA, POLAND
- [WWW.470.ORG](http://WWW.470.ORG)

### 470 JUNIOR EUROPEAN CHAMPIONSHIPS

(combined with the 420 JEC)

- 7-15 AUGUST 2008 / ZADAR, CROATIA
- [WWW.470.ORG](http://WWW.470.ORG)

### 470 MASTERS CUP

- 29 AUG. – 5 SEPT. Varna, BYLGARIA
- [WWW.470.ORG](http://WWW.470.ORG)

Full Calendar of International Events is available on the 470 Class web site: [www.470.org](http://WWW.470.ORG)

### ISAF ROLEX WORLD SAILOR OF THE YEAR AWARDS 2008

#### WORLD CHAMPIONS 470 WOMEN NOMINATED AND SHORTLISTED



470 Internationale is very proud that the Dutch 470 team, Marcelien De Koning and Lobke Berkhouwt, 470 Class World Champions for three times in a row (San Francisco in 2005, Rizhao in 2006 and Cascais in 2007) has been shortlisted.

On 6 November, at 22:00 the Award has finally been granted to Claire Leroy from France, for her outstanding results in match racing.

The 2007 ISAF Rolex World Sailors of the Year were voted for by ISAF's Member National Authorities (MNA).

Although the Dutch 470 Women was not elected as the final winner, they were very close being nominated and shortlisted with three other nominees, as female sailors/crews with the most outstanding achievements in the sailing sport.

The Men's Award was given to Ed Baird, who helmed the Swiss team Alinghi to a successful defence of the America's Cup.

470 Internationale congratulates the winners, and would like to thank them for their efforts in, and for the sailing sport.

More information: [www.sailing.org/worldsailor/](http://WWW.SAILING.ORG/WORLDSAILOR/)



## 470 MASTER'S CUP 2008

## REVIEW

"All ways lead to Rome" thought the 470 masters from all over the world who gathered at Lake Bracciano, a round crater lake of 10 km diameter, situated in a lovely landscape and only 45 minutes of train away from Rome's Vatican.



Blue water, sand beach, warm sunshine: what do you need more? The lake had two wind systems, a 4-5 Bf North in the morning, and a 3-5 SW, shifting towards West, in the afternoon. The wind direction could be told from the forest fires plumes that raised inland. The firefighting airplanes several times came to the lake to tank water (5 tons in 10 seconds), hoping there is no 470 in the way.

The 2008 Master's Cup will enter history as the largest Masters Cup fleet ever: 88 boats flooded the Ali6 Club at Anguillara. Preceding the Masters, an Open Italian Championship allowed to train massive starts in which the favored side was always the most crowded and the marks hidden behind layers of sails. The committee and jury had no easy job. While there was plenty of wind, it was shifting strongly, but moving the marks took time due to the depth of the lake.

The wind shifts offered challenging races. Also, the lee mark without a gate was a moment of extreme tension, even when no boat capsized.

The lee mark was also a good place to improve our Italian vocabulary, but at land everything was fine again. The atmosphere was very good; we met again seasoned Masters and got to know new sailors. The hospitality of the Italian was laudable: buffet and dance in the evening, cold water before each start,... The Ali6 Club also organized our visit to the nearby Airplane museum for a glimpse into history, - surprising these old airplanes used many sailing ship artifacts. Of course, few missed sightseeing nearby Rome with their fan club.

The Master Cup went to the German Stefan Schneider und Frank Thieme, the French Gilles Chapelin und Franck Barthe were crowned Grandmasters and the Italian Fernando Ziccarelli und Davide Gamba were titled Apprentice Masters.

It was a great feeling to sail in such a large fleet, and we hope to repeat the experience in Varna, Bulgaria in 2008 – see you there!

*Hubert Kirrmann  
SUI 1410.*

### OVERALL RESULTS—TOP 10

- 1 GER Stefan Schneider / Thieme Frank
- 2 ITA Nocera Fabio / Leoni Riccardo
- 3 ITA Ziccarelli Fernando / Gamba Davide
- 4 ITA Giuliano Chiandussi, Adriano Chiandussi
- 5 ITA Andrea Di Lorenzo, Stefano Moretti
- 6 ITA Giovanni Brichetti, Paolo Brichetti
- 7 ITA Marco Gianfreda, Andrea Leonori
- 8 ITA Edoardo Contardi, Gianluca Montella
- 9 ITA Giovanni Focaccia, Giuseppe Focaccia
- 10 GER Jorg Seager, Andreas Glushke



### CATEGORY WINNERS

#### APPRENTICE MASTERS

1. ITA Fernando Ziccarelli, Davide Gamba
2. ITA Andrea Di Lorenzo, Stefano Moretti
3. ITA Marco Gianfreda, Andrea Leonori

#### MASTERS

1. GER Stefan Schneider, Frank Thieme
2. ITA Fabio Nocera, Riccardo Leoni
3. ITA Giuliano Chiandussi, Adriano Chiandussi

#### GRAND MASTERS

1. FRA Gilles Chapelin, Franck Barthe
2. FRA Robert Maurel, Gerard Daugey
4. ITA Roberto Vigano, Virgillo Vigano



## ISAF SAILING WORLD CHAMPIONSHIPS

470 Men :: 48 Nations :: 112 teams  
470 Women :: 34 Nations :: 63 teams

### A HIGHLIGHT IN OLYMPIC SAILING

Every Olympiad, and one year prior to the Olympics, all World Championships in Olympic Classes take place at one venue, the same time, in one event: the ISAF Sailing World Championships.

One year prior to the Olympic Games in Beijing, the event took place in Cascais, Portugal.



### HEROES COME OUT TO PLAY

#### ISAF SAILING WORLD CHAMPIONSHIPS

#### 470 CLASS MEN & WOMEN

The ISAF Sailing World Championships brought the 470 class new successes in terms of expansion of the number of participating nations, and new young talents attacking the experienced seniors. A new generation of talent and more countries ensure strong future developments and increasing global competition in the International 470 Class.

The 470's were to perform their act at the ISAF Sailing Worlds from 4 to 13 July.

The 470 Men started with 112 challengers from 48 nations from all continents, the 470 Women with 63 competitors from 34 nations in the same global range.

#### A LOT AT STAKE

There was a lot at stake for the participating crews. 75% of country qualifications for the 2008 Olympic Games were to be decided on, and a challenge for Marcelien DE KONING and Lobke BERKHOUT from The Netherlands to win the Worlds Title for the third time in a row.

Nathan WILMOT and Malcolm PAGE had an agenda with the 470 Men's Fleet, having the World Championship Title on their names in 2004 and 2005, and losing their thrown in 2006 on the last metres of the final Medal Race to this World Championship event's title defenders Nic ASHER and Elliot WILLIS from Great Britain

For both favorites for the Championship it was not going to be an easy job. With the hours ticking away, getting closer to the Olympics, a World Championship becomes more value as a point of measurement in one's Olympic campaign, and so training and dedication of all challengers for Olympic Gold.



Racing got underway on the 7th of July in very complex conditions with choppy waters and light winds moving in regions around the course.

After day one, Matias BUHLER and Iamas MARCOS (ARG) lead the Men overnight, and Elise RECHICHI and Tessa PARKINSON (AUS) in the 470 Women.

At the second day of the event, title defenders Marcelien DE KONING and Lobke BERKHOUT took over the lead in the 470 Women, and got stronger every day.

Ingrid PETITJEAN and Nadège DOUROUX revive at the ISAF Sailing World Championships. Within the previous Olympiad, they were one of the only Women crews who were able to put the pressure on 470 legends and Athens 2004 Gold Medalists Sofia BEKATOROU and Emilia TSOULFA from Greece.

The French Ladies who have had an uneasy period behind them, demonstrated some excellent sailing especially in heavy airs and grow during the event to finally become the main rival of the Dutch.

In the starting phase of the Championship, Therese TORGERSSEN and Vendela ZACHRISSON from Sweden seem to have set their minds to break the Dutch leadership over the 470 Women. They sail a very consistent serie and follow the Dutch in second place until the final phase of the Championship where they capsize in a decision making race and cannot recover.

Their Golden dreams disappear and they see the French moving forward, and silently, but consistently, Ai KONDO and Kamata NAOKO (JPN) and Christina BASSADONA and Saskia CLARK (GBR) taking positions with medal perspectives.

#### ENTERTAINING CONDITIONS

The weather conditions in front of Cascais could change by the minute and the mile, and even less. Situations where racing started in a light under 10 knots breeze, turning into over 25 knots gusty airs at arrival at the upper mark were not uncommon, even as steady wind regions dying and picking up at the other side of the course in minor minutes.

For the sailors, there was no other choice than to engage with the elements. Those who managed to keep on playing with the elements, and not the other way around, fixed themselves a spot on top of the leader-board.

As the Championship developed towards the grand final, the battle for a place at the podium in the 470 men got tighter day by day, Nathan WILMOT and Malcolm PAGE from Australia, Sven & Kalle COSTER from the Netherlands and Nick ROGERS and Joe GLANFIELD from Great Britain taking the top spots on the leader board.





## ISAF SAILING WORLD CHAMPIONSHIPS 2007

REVIEW

CONTINUED FROM PREVIOUS PAGE <<

### HOT BATTLE IN THE 470 MEN

In a decisive phase of the final series, the COSTER brothers saw their last chances for a place on the podium and made "a win or lose it all" decision to hoist the spinnaker in a far over 30 knots gust, putting high pressure on especially ROGERS / GLANFIELD who knew this attack could have a major influence on their position and so they followed. While the Dutch brothers flew from a tenth to first position, the Men from Great Britain saw their mast breaking, and their chances for a medal with it.

The last decision making race that was to decide the starting position in the Medal Race, the Australians set their minds on the Dutch to control them in their shadow and took them to last positions in the Fleet. The Australians had sufficient room to afford themselves this act by taking their discard. For the Dutch it was the loss for the chance for Gold.

This also brought Alvaro MARINHO and Miguel NUNES from Portugal back into the game who got on third place with only one point difference on the Dutch to go into the medal race.

### THE GRAND FINALS - MEDAL RACES

#### 470 MEN

The elite ten 470 Men crews lined up for the final Medal Race. The worst and almost impossible scenario for WILMOT and PAGE would be to be last, and Dutch brothers COSTER winning the medal race.

The hot battle for Silver was between the Dutch, Sven and Kalle COSTER and local heroes and ruling European Champions Alvaro MARINHO and Miguel NUNES, having only one point difference.

Against all expectations of a tight battle between these experienced seniors, the Portuguese started the Medal Race quite well but fell back in last row during the final race, giving room to Gideon KLIGER and Udi GAL from Israel to steal away all their chances for Silver and Bronze.

#### 470 WOMEN

Marcelien DE KONING and Lobke BERKHOUT from The Netherlands had prepared themselves a convenient position to start the medal race., to show the World that they are undefeatable in the Olympic Two Person dinghy discipline.

The Dutch started the race looking for the French to get into a controlling position. Their job was to stay out of trouble and close to the French.

Christina BASSADONE and Saskia CLARK from Great Britain, still in the game for Bronze, took their advantage of the cat & mouse game and broke loose from the Fleet, taking an enormous lead to keep the bronze medal away from Ai KONDO and Kamata NAOKO from Japan.

#### MORE 470 WORLDS DETAILS

Daily reports, pictures and video interviews are available at the web site of 470 Internationale: [www.470.org](http://www.470.org)

Event web site  
<http://www.cascaisworlds2007.com>

Article by Rick van Wijngaarden

#### TOP 10—470 MEN

- 1 AUS 311 Nathan WILMOT, Malcolm PAGE
- 2 NED 1 Sven COSTER, Kalle COSTER
- 3 ISR 7 Gideon KLIGER, Udi GAL
- 4 POR 22 Alvaro MARINHO, Miguel NUNES
- 5 AUS 361 Mathew BELCHER, Nick BEHRENS
- 6 CRO 83 Sime FANTELA, Igor MARENIC
- 7 FRA 11 Benjamin BONNAUD, Romain BONNAUD
- 8 GBR 817 Nick ROGERS, Nick Joe GLANFIELD
- 9 ESP 9 Onan BARREIROS, Aaron SARMIENTO
- 10 USA 1713 Stuart MCNAY, Graham BIEHL

#### TOP 10—470 WOMEN

- 1 NED 11 Marcelien DE KONING, Lobke BERKHOUT
- 2 FRA 4 Ingrid PETITJEAN, Nadège DOUROUX
- 3 GBR 833 Christina BASSADONE, Saskia CLARK
- 4 JPN 4151 Ai KONDO, Naoko KAMATA
- 5 SWE 323 Therese TORGERSSEN, Therese Vendela ZACHRISSON
- 6 ITA 23 Giulia CONTI, Giovanna MICOL
- 7 BRA 177 Fernanda OLIVEIRA, Isabel SWAN
- 8 ISR 10 Nike KORNECKI, Nike Vered BOUSILKA
- 9 FRA 9 Camille LECOINTRE, Gwendolyn, LEMAITRE
- 10 USA 1757 Erin MAXWELL, Isabelle KINSOLVING

#### HEROES IN THE INTERNATIONAL 470 CLASS

The ISAF Sailing World Championships made heroes in the International 470 Class.

**NATHAN WILMOT AND MALCOLM PAGE BECAME WORLD CHAMPIONS IN THE MEN'S 470 CLASS FOR THE THIRD TIME, WITH A BREAK IN 2006 WHERE THEY WON SILVER.**



**MARCELIEN DE KONING AND LOBKE BERKHOUT HAVE ACCOMPLISHED THEIR MISSION TO BECOME WORLD CHAMPIONS IN THE WOMEN'S 470 CLASS FOR THE THIRD TIME IN A ROW.**





## 'JUNIOR POWER'

### COMBINED 420 & 470 JUNIOR EUROPEANS

From 8 to 16 August, the combined 420 & 470 Junior European Championships took place on the IJsselmeer, in front of Medemblik in The Netherlands. It was for the second time that such a combined event of 420's and 470's took place. Combining an International event of both classes the event does not only strengthen the relation of the classes and its sailors, but it also sets a more clear view on the development of successful 420 sailors moving forward into 470's.

Many junior sailors continued their Summer circuit of Championship events in Medemblik, 420 sailors coming from the European Championships in Turkey, and 470 sailors coming from the Junior Worlds in Bourgas, Bulgaria.

Finally, 117 junior crews from 27 nations registered in the 470 Class and 116 crews from 23 nations in the 420 Class.

The last few years there has been a very strong development of young sailors moving onto the top of the leaderboards at International 470 Championships, especially in light wind conditions. In some cases they form a threat to the seniors, however in heavy conditions, such as was the case at the last ISAF Sailing World Championships, the difference compared to the seniors is more obvious, who's developments of skills of strategy, boat handling and tactics have grown more mature after many years of intensive training and racing practice.

Nevertheless, the predictions of light conditions at "The Games" of 2008 are strengthened by the facts of the last two Test Events at Qingdao. At the latest Pre Olympic Test Event in Qingdao, some "mature" results were set by "under the age of 22" Junior 470 sailors.

Remember the names of the current leading Juniors, they will be the seniors by the time the plot thickens towards London 2012.

For the teams individually at this Junior 470 European Championship, there was a lot to play for.

**CONTINUED NEXT PAGE >>**

## REVIEW - JUNIOR EUROPEANS & JUNIOR WORLDS



### MEET THE LEADING 470 JUNIOR SAILORS

**Levine EYAL** and **Amir YAM** from Israel were the reigning Junior World Champions until the last Junior Worlds held in Bulgaria, where their Title was taken by **Sime FANTELA** and **Igor MARENIC** from Croatia. The last year's leaders from Israel finalized the Junior Worlds in Bulgaria this year without a medal in their last year of Junior 470 sailing.

They could not take revenge at the Junior Europeans while FANTELA/MARENIC had to take off for China after the Junior Worlds to join the senior's scene at the Pre Olympics Test Event.

The Junior Europeans was going to be a new event with new chances for **Max and Moritz RIEGER** from Germany. At the Junior Worlds they lost their position among the leaders because of an OCS during the Qualifiers, and finally a RAF and BFD in the last two races.



### 470 CLASS JUNIOR EUROPEAN CHAMPIONSHIP

Gold RUS 11 Artem Basalkin, Maxim Sheremetev  
Silver ISR 9 Levine Eyal, Amir Yam  
Bronze GRE 7 Georgios Vasilas, Evangelos Mitakis

### 470 CLASS WOMEN'S JUNIOR EUROPEAN CHAMPIONSHIP

Gold GBR – Hannah Mills, Katrina Hughes  
Silver NED – Margriet Fokkema, Marieke Jongens  
Bronze BLR – Alaaksandra, Alla

### OVERALL RESULTS

#### OPEN 470 CLASS JUNIOR EUROPEAN CHAMPIONSHIP

1 RUS Artem Basalkin, Maxim Sheremetev  
2 ISR Levine Eyal, Amir Yam  
3 GRE Georgios Vasilas, Evangelos Mitakis  
4 GER Max Rieger, Moritz Rieger  
5 NED Steven LeFevre, Steven Krol  
6 ISR Amit Brokman, Moshe Appel  
7 POL Tomasz Janusewski, Marcin Mickiewicz  
8 GBR Thomas Mallindine, James Clark  
9 ISR Guy Abadi, Yuval Botzer  
10 ITA Cherin Stefano, Emanuele Noe

As an indication of the power of the Junior 470 sailors, both the Juniors from Croatia and New Zealand make it to the Medal race at the Pre Olympic Test Event in Qingdao.

Medemblik also welcomed new girls debuting in an International 470 Championship: **Hannah MILLS** and **Katrina HUGHES** from Great Britain. Hannah Mills has an impressive record of victories and awards, including the 420 Ladies World Championship title in 2006, and 420 Junior Ladies European Championship title in 2005 and 2006. Hannah sailed 420's with Peggy Webster.

Grown over Junior Championships event already, and on a mission at the Pre Olympics Test Event in Qingdao, **Elise RECHICHI** and **Tessa PARKINSON** did not participate in both Junior 470 Class Championship events. These girls from Australia, 21 and 20 of age, have an impressive record of Worlds Titles and they amazingly win the Pre Olympic Test Event in Qingdao. Elise RECHICHI is to become the 470 Class' second commercial airline pilot after Lisa WESTERHOF from The Netherlands who flies a Boeing 747 when she is not sailing. May we live in interesting times!

**Steven LEFEVRE** from The Netherlands, silver medalist at the 2006 Qingdao Test Event in the Laser Class, has teamed up in the beginning of this year for a long term 470 campaign with former Laser sailor **Steven KROL**. After participating in some major events this year, they debuted in a Junior Championship at the Junior Europeans and put the pressure on the common leaders on the first day of racing.



## REVIEWS

<< CONTINUED FROM PREVIOUS PAGE

### PROMISING CONDITIONS AT THE START OF THE EVENT

The opening races took place in a strong over 20 knots northerly breeze, pushing the waves up high making conditions challenging.

After the first day of racing, it was obvious that another tight battle in Junior 470 sailing had begun, and the end of qualifiers would be the first milestone to get any indication of development.

And so it was. Leaders had emerged at the end of qualifiers and it was the top five in order of leading position of Greece, Russia, Israel, The Netherlands and Germany who were to go for the final battle for medals. With a minor difference of points (5 for Greece on #1 and 11 for Germany on #5).

### CHANGING CONDITIONS SHUFFLE POSITIONS ON TOP OF THE LEADERBOARD

The first day of finals knew lighter and very shifty conditions and finally a lot of impact on the positions of the leaders. The Russians were the only who handled the situation without mistakes and strengthened their position with a third and first position.

On the second day of finals and fifth day of racing, the sailors did not know at that time they were going into their last two races that would decide on their starting positions in the final medal race, because the strong wind would not allow racing on day three of finals, the last day before the medal race.

It was the Russians BASALKIN/SHEREMETYYEV who took best results with a first and third place, EYAL/YAM (ISR) doing a bullet and a seventh, leaving the others with a larger difference of points behind to get into the medal race for Silver and Bronze.

### RUSSIA, ISRAEL, GREECE AND THE NETHERLANDS FINALLY RUN FOR MEDALS

At the beginning of the medal race, gold was still in reach for Israel, Russia and Greece, with best cards for Russia, however three teams from Israel were going to enter the Arena, which strategically could have been a nation's interest advantage for Levine EYAL and Amir YAM having bodyguards.

The top four of Russia, Israel, Greece and The Netherlands were the finalists for Medals.

The Greek had a good position on the way to the upper mark, but by capsizing they had to take the last position, giving away the Silver medal to Israel.

Russia and Germany were the first to approach the upper mark, both coming from different sides, Germany with the advantage of the right of way to cross the upper mark in first position.

The Dutch were still in the game for a medal until they took down the spinnaker too late at the downwind mark in the second lap.

EYAL/YAM got the smell of Gold shortly when the Russians capsized and got way behind. The Russians fought their way back in the race to finally finish seventh, enough to receive Gold with a three point difference on the Israelis, taking Silver.

### HIGH INTEREST THROUGH THE INTERNET

With different conditions during the event, and mostly spectacular in strong winds, the 420 & 470 Junior European Championships were successful. There was a remarkable high interest through the internet for the efforts of the sailors, the large amount of pictures and the videos of the event.

Article by Rick van Wijngaarden

## 470 EUROPEAN CHAMPIONSHIPS

The ISAF Grade C1 470 Class Open European Championships for Men/Mixed and Women Crews took place from 1 to 10 June this year, in front of the ancient city of Thessaloniki in Greece.

Thunderstorms and unpredictable early afternoon upcoming winds dominated the event. Boats were kept on the boat park for two of the seven days of scheduled racing because of the circumstances. In the final phase of the event, the weather conditions stabilized, providing more sailable conditions to bring the event to a perfect ending.

Alvaro MARINHO and Miguel NUNES from Portugal took the lead in the Men's fleet from day one and seemed unbeatable. But as the wind conditions improved during the last days of the Championship, more crews took their advantage of the changing conditions, which caused a shuffle on top of the leaderboard. Especially Nicholas CHARBONNIER and Olivier BAUSSET from France started an amazing and exciting attack on the leaders by winning race after race in increasing winds.



Finally, in the Medal Race, the Portuguese do not give away what they've earned during the Championship and win the title, leaving the French in second place.

In the 470 Women, title defenders Stefanie ROTHWEILER and Vivien KUSSATZ from Germany manage to rule the mainly light wind event and finally take home the gold medal. Especially Giulia CONTI and Giovanna MICOL from Italy, who joined the 470's in 2006, put the pressure on the German women.



Daily reports and photo's are available on the event web site, to be found at: [www.470.org/champ07/euro/](http://www.470.org/champ07/euro/)

The event web site also mentions that a DVD of the races can be ordered.

### OVERALL RESULTS

Full results and results of the Open event as well can be found at the web site mentioned above.

### TOP 10 – 470 MEN

1. POR Alvaro MARINHO, Miguel NUNES
2. FRA Nicolas CHARBONNIER, Olivier BAUSSET
3. ITA Gabrio ZANDONA, Andrea TRANI
4. ISR Gideon KLIGER, Udi GAL
5. FRA Pierre LEBOUCHER, Vincent GAROS
6. ESP Gustavo Martinez, Dimas Wood
7. GRE Panagiotis KABAROUDIS, Gerasimos OROLAGAS
8. RUS Mikhail SHREMETYEV, Maxim SHEREMETYEV
9. ESP Onan BAREIROS, Aaron SARMIENTO
10. FRA Benjamin BONNAUD, Romain BONNAUD

### TOP 10 – 470 WOMEN

- 1 GER Stefanie ROTHWEILER, Vivien KUSSATZ
- 2 ITA Giulia CONTI, Giovanna MICOL
- 3 ITA Elisabetta SACCHIGLIANI, Elisa CECCONI
- 4 SUI Emanuelle ROL, Anne-Sophie THILO
- 5 SLO Vesna DEKLEVA, Klara MAUCEC
- 6 NED Lisa WESTERHOF, Merel WITTEVEEN
- 7 FRA Camille LECOINTRE, Gwendolyn LEMAITRE
- 8 AUT Sylvia VOGL, Carolina FLATSCHER
- 9 CZE Lenka SMIDOVÁ, Veronika FENCLOVÁ
- 10 FRA Ingrid PETITJEAN, Nadege DOUROUX



## JUNIOR WORLD CHAMPIONSHIPS

**HOT, HOT, HOT.** The 470 Junior World Championships were held between the 21st and 29th of July in Bourgas Bulgaria, a natural tourist destination especially in summer situated on the Black Sea. Beautiful beaches, warm water, sunshine, and 164 Junior 470 sailors. Due to a re-development project in the Port, the Yacht Club Port Bourgas club rooms were demolished earlier this year and in only three months the relocation and a new club house were completed. The Yacht Club Port Bourgas has been the major force behind Bulgarian sailing for well over 30 years.

The Junior 470 World Championships is a combined regatta, with both Men and Women competitors competing side by side. 82 entries from 21 countries entered the event. It was great to see so many fresh young faces, eager to prove themselves. The age limit for the juniors is quite strict: one has to be younger than 22 years old on the December 31 of the year of the event. Coupled with the fact that some of the competitors were seen in the recent ISAF World Sailing Championship in Cascais, the competition at the 2007 Worlds was of highest standard.



The Bulgarian federation knew that this is a great privilege to host such a high ranking event. Having the backing of the Unicredit BulBank and many other (smaller) sponsors, it was truly a break through for sailing in Bulgaria. Also the Bulgarian Post office issued a commemorative stamp of the event, accompanied by a first day official envelope. There were 20,000 of these stamps printed and run.

Banners and posters were plastered all over town. Local and national media were poised to cover the happenings on and off the water. The National television were employed to do daily reports and a full hour program has been shown to the Bulgarian public. Official proceedings started with a brass band, followed by all the competitors waving the flags of their respective countries. The parade toured through the main pedestrian mall, finishing up at the beach amphitheater. Arthur Thüringer, the 470 class representative, proudly declared the opening the Junior Worlds Championship 2007.

I was amazed at how professional these young athletes were. Their level of preparation, attitude and skill, was super high. You could see that there was a great sense of national pride, also a willingness to interact with people from different cultures. Majority of teams arrived daily around 9:30. Meetings with coaches, organizing equipment, eating and drinking, waiting for the first possible start at 12:00 hours each day. The wind was like clockwork, it would be light and shifty during the morning hours, then would slowly build to a nice 10 to 14 knots sea breeze from the east. Due to the large number of competitors, a split into two fleets was needed. The Sailing instructions stated that a maximum of 6 races had to be completed to constitute the Qualification series.

The top crews looking for a podium finish had competed in Junior Worlds Championship before: Levine EYAL and Amir YAM (ISR 9), who finished 1st last year, a very strong team in the moderate to windy conditions, Sime FANTEL and Igor MARENIC (CRO 83) won the medals race in Cascais, this would be they 4th Junior Worlds appearance, Georgios VASILIS and Evangelos MITAKIS (GRE 7) one of the lightest combined crew weights, sure to be a force in the lighter conditions. In the Women's division, Anthi ECONOMOU and Olga TSIGARIDI (GRE 887) who are

looking at trying to qualify their team for the Olympics at the next Worlds in Melbourne (Jan 08), Emanuelle ROL and Anne-Sophie THILO (SUI 12) who were fresh from Cascais, and eager to stamp their presence, Chelsea HALL, who won the 2006 Volvo Youth ISAF Sailing World Championship, now progressing to the 470 class with Stacy OMAY, both from Perth Australia.

All but two days were a nice 10 to 15 knots and as expected the lead could not be settled until the last race. Race 5 and 6 were held in light shifty conditions. Then it was all back to normal in races 7 through to the medals. In all the races of the gold fleet, the finishing time from first to last place was never over four minutes, with really close racing. In the last days of racing, Levine EYAL and Amir YAM had a couple of mediocre finishes which dropped them down a couple of places, putting huge pressure on their medal race. With the Medals round system, there is no room for mistakes, double points can make you or break you.

Although not the fastest boat, the consistency of the Croatians Sime FANTEL and Igor MARENIC could not be matched. They played the smart sailor game: when in front they covered the closest rival, when behind they took calculated risks to either stay in contact or advance. The battle for rest of the podium could have gone to half a dozen crews. Georgios VASILIS and Evangelos MITAKIS from Greece sailed incredibly fast in the windier conditions and were almost unstoppable in the lighter breeze. Last year they received the bronze medal spot and this year capitalized to gain silver. Third place went to the Russians Artem BASALIKIN and Maxim SHEREMETYEV, who showed amazing speed in the shifty conditions of day three and four. Anthi ECONOMOU and Olga TSIGARIDI from Greece showed that even when sailing against the men, they had the skills to pay the bills. Ending up with multiple top ten finishes, they both were clearly very excited to have done so well.



The prizegiving ceremony was held in the amphitheater by the beach. There was Presentations for the Junior Support program, cash and clothing prizes for the newly system implemented by the Class to assure great participation at the opening and closing ceremonies and finally the medals were awarded,. Congratulations must go out to Sime FANTEL and Igor MARENIC for such a great exhibition of amazing sailing. Also thanks must also go to the Organizer's of the regatta, Stanislav Kassarov (President of the Bulgarian Sailing Federation) and his team were very professional. All the sailors left Bourgas all the richer for the experience.

*Article by Dave Bell*

### FINAL RESULTS - TOP 10

1 CRO	Sime Fantela, Igor Marenic
2 GRE	Georgios Vasilas, Evangelos Mitakis
3 RUS	Artem Basalkin, Maxim Sheremetev
4 ISR	Levine Eyal, Amir Yam
5 POL	Tomasz Janusewski, Marcin Mickiewicz
6 POL	Piasecki Patrik, Ziemiński Kacper
7 GER	Patrick Follmann, Nico Lutz
8 ESP	Pablo Santurde, Abelardo Quevedo
9 FRA	Bertrand Nun, Nicolas Andrieu
10 AUS	Mathieu Higgins, Timothy Lynch

### WOMEN'S MEDALS

Gold	GRE Anthi ECONOMOU, Olga TSIGARIDI
Silver	ESP Tara PACHECO, Berta BETANZOS
Bronze	FIN Hanna SAARI, Mikaela WULFF



REVIEWS

## QINGDAO INTERNATIONAL REGATTA 2007

### TOUGH TEST

On the water Qingdao threw up a mixed bag of very testing conditions. Light conditions prevailed through the first three-quarters of the regatta, with no racing at all on two of the opening five days. With the current adding another element of difficulty to the already tricky conditions, Qingdao proved to be an unforgiving venue. Small errors were heavily punished as the fleets tended to remain closely bunched up.

*'In events like this, tiny mistakes can be very costly. We had a few minor mistakes today, and a few tough tacks, which made for big losses,'*

explained Elise RECHICHI (AUS), helm of Australia's gold medal winning 470 Women's crew, midway through the opening series. 'It's a tough race.'

For the final three day's of the regatta the wind picked up. On Wednesday, in a repeat of last year's test event, the first eight Medal Races were blessed with fantastic conditions. A 15-knot southeasterly breeze and big waves made for a spectacular series of Medal Races. Thursday also proved to be another excellent day for racing, with an easterly of 8-10 knots for the final three Medal Races.



### TOP 10 - 470 MEN

1. AUS WILMOT Nathan, PAGE Malcolm
2. GBR ROGERS Nick, GLANFIELD Joe
3. POR MARINHO Alvaro, NUNES Miguel
4. ITA ZANDONA Gabrio, TRANI Andrea
5. FRA LEBOUCHER Pierre, GAROS Vincent
6. ISR KLIGER Gidi, GAL Udi
7. CRO FANTELA Sime, MARENIC Igor
8. ARG CONTE Javier, DE LA FUENTE Juan
9. NZL EVANS Carl, BURLING Peter
- 10 IRL OWENS, Gerald LAWTON Philip

### TOP 10 - 470 WOMEN

1. AUS RECHICHI Elsie, PARKINSON Tessa
2. JPN KONDO Ai, KAMATA Naoko
3. FRA PETITJEAN Ingrid, DOUROUX Nadege
4. UKR TARAN Ruslana, PAKHOLCHYK Olena
5. GER ROTHWEILER Stefanie, KUSSATZ Vivien
6. NED DE KONING Marcelien, BERKHOUT Lobke
7. SWE TORGERSSON Therese, ZACHRISSON Vendela
8. BRA OLIVEIRA Fernanda, SWANN Isabel
9. ISR KORNECKI Nike, BOUSKILA Vered
10. USA CLARK Amanda, MERGENTHALER Sarah

Source: ISAF web site

## OPEN DUTCH CHAMPIONSHIP FOR OLYMPIC & PARALYMPIC CLASSES

*Dutch 470 CA put's a self-owned 470 into action to stimulate 470 sailing in The Netherlands*

The 2007 Delta Lloyd Open Dutch Championship for Olympic & Paralympic Classes took place from 5-7 October on the IJsselmeer in front of Medemblik.

Competition in the 470 class was strong, with 22 crews participating from 4 nations, and 4 Dutch crews winning medals earlier this year in International 470 Class Championships. The 470 Fleet was not only strong in terms of performance level, but also in terms of the mixture of top and leisure sports performers.



*"Such an event is especially interesting to bring top and leisure sports together, and also to give youth talents the chance to compete with Holland's, and in some cases, Worlds' best sailors",* said Jaap Zielhuis, head coach of the Dutch Sailing Federation.

Men, Mixed and Women's crews raced in one Fleet during three days in light winds, lots of sun, and with a Medal Race to decide on Gold between the ISAF Sailing Worlds Silver Medalists in the 470 Men; Sven and Kalle COSTER, and three times in a row World Champions in the 470 Women; Marcelien DE KONING and Lobke BERKHOUT. Brothers COSTER started the Medal Race with a minor points of difference on World's best 470 Women, and managed to stay ahead by demonstrating some excellent sailing in the Medal Race.

*"The hardest part of such an event is the fact that everyone expects you to win, and no less!". Sven COSTER said. "And of course that you don't get knocked on the head by the Women." he added smiling*

For the Dutch 470 Class Association, it was for the first time to put the NCA's self-owned 470 into action. The Dutch 470 CA has recently invested in a competitive 470, that will be made available to sailors from other (youth) classes to give them a chance to get the feeling of sailing a 470 or to try another or new team formation.

Finally, the goal is to stimulate sailors to make a step into, or continue sailing one of World's most popular two person dinghies, simply for the joy of sailing as a leisure sport, or make a start with an Olympic dream

In the Open Dutch, a chance was given to this year's Silver Medalists in the Women's Junior European Championships 420 to make their debut in a 470 Class Event.

Full results, photo's and video of sailing are available at : [www.opendutchsailing.org](http://www.opendutchsailing.org)

### DUTCH 470 CLASS CHAMPIONS

- |            |                                     |
|------------|-------------------------------------|
| 470 Men:   | Sven COSTER, Kalle COSTER           |
| 470 Women: | Marcelien DE KONING, Lobke BERKHOUT |

### TOP 5 - 470 CLASS OVERALL

1. Sven COSTER, Kalle COSTER (male)
2. Marcelien DE KONING, Lobke BERKHOUT (female)
3. Steven LEFEVRE, Steven KROL (male)
4. Margriet FOKKEMA, Marieke JONGENS (female)
5. BEL Bruno VAN ANTWERPEN, Pim PETERS (male)

Article by Rick van Wijngaarden



## 470 ATHLETES

EVERY E-TIMES WE TALK WITH ONE OF THE TOP PLAYERS IN THE INTERNATIONAL 470 CLASS. WHY DO THEY RACE AND WHAT MAKES THEM GO FOR MORE? MAYBE YOU CAN LEARN SOMETHING FROM THEM FOR YOUR OWN RACING!

THIS TIME WE ARE INTERVIEWING **SVEN COSTER (NED)** AND **SASKIA CLARK (GBR)**

### SVEN COSTER



**SAILING RACES SINCE:** 1989

**CAREER IN THE 470 SINCE:** 1999

**STUDY PROFESSION:** COMMERCIAL ECONOMICS  
PROFESSIONAL SAILOR



#### 1. IF YOU CAN DESCRIBE YOURSELF IN 5 WORDS, WHAT WOULD THOSE BE?

Friendly, killer instinct, down to earth, enthusiastic, winner

#### 2. WHAT MAKES YOU CHOOSE THE 470?

It has always been a dream to go to the Olympic games when I was young. The 470 was the best boat to choose and I had great national and international examples in the 470. (Although I thought I was never going make it but I did in 2004 in Athens)

#### 3. WHAT WAS YOUR BEST REGATTA EVER AND WHY?

These past ISAF World Sailing Championship in Cascais were our best ever. We really had to make a good result and did it! The most enjoyable race was race number 4. I'm never gonna forget. We were the only boat who put up our spinnaker in 40 knots. We rounded tenth but finished 1st just because of that. On shore we heard nobody wanted to take the risk, we did and it paid off.

#### 4. WHY DO YOU WANT TO BE THE HELM/ CREW?

I'm quit good in helming and I know that my brother Kale is the best crew in the world. I just need to improve my skills to show that he is the best.

#### 5. WHAT'S SAILING 470 LIKE IN YOUR COUNTRY?

There are like 25 boats competing in regatta's in Holland, they are all young but for sure have a big future in the 470 one day. They just have to practice a lot and do races.

#### 6. WHAT IS THE HARDEST PART OF AN OLYMPIC CAMPAIGN?

I think first to raise the money to get out there and be on the water. Then to make the results to get paid and finally to perform at your utmost best. It feels like the whole world is watching you and there is a lot of pressure.

#### 7. WHAT IS YOUR BEST ASSET ON SAILING AND WHY?

We are good in letting the boat go fast and also to pick the shifts right. This is all because we trained real hard on these things and also because people say we are talented. I think we showed at the worlds!





**470 ATHLETES**

## SASKIA CLARK



**SAILING RACES SINCE THE AGE OF 10**  
**CAREER IN THE 470 SINCE: 2000**  
**STUDY:** SPORTS SCIENCE  
**PROFESSION:** PROFESSIONAL  
**SAILOR**



### **1. IF YOU CAN DESCRIBE YOURSELF IN 5 WORDS, WHAT WOULD THOSE BE?**

friendly, down to earth, stubborn, enthusiastic,

### **2. WHAT MAKES YOU CHOOSE THE 470?**

Suitable for my size and seemed like a good idea at the time when I was sailing a Laser Radial and was always a bit small. When I started sailing double handed I liked the boat and enjoyed being part of a team. It's much more fun to share these fun experiences!

### **3. WHAT WAS YOUR BEST REGATTA EVER AND WHY?**

At the moment I would say 2005 Worlds, when as a pretty new team we came 2nd. I haven't done an Olympic Games yet so am looking forward to that experience and hopefully will be able to say that is the best one.

### **4. WHY DO YOU WANT TO BE THE HELM/ CREW?**

Having been a helm growing up I never thought I would give that up, but I think crewing does suit me better. I think as a helm concentration on the real minute details is what you need- so that is best left to Christina!

### **5. WHAT'S SAILING 470 LIKE IN YOUR COUNTRY?**

Unfortunately our fleet in the UK is pretty small, although in the last few years has had a bit of a resurgence, probably since Nick and Joe won Silver in Athens. Because of the small fleet size we don't have many home regattas and you all know what the weather is like in England so over the winter we try to get out of there as quickly as possible!

### **6. WHAT IS THE HARDEST PART OF AN OLYMPIC CAMPAIGN?**

Making the step up from youth sailing is pretty hard, financially but also the big change from a hobby that you do for fun to something that now is your job. Not getting frustrated and giving up in those first few years when you are racing against seasoned Olympians and feel like you are never going to breakthrough.

### **7. WHAT IS YOUR BEST ASSET ON SAILING AND WHY?**

I think Christina and I compliment each other well in terms of what we bring to the team both on and off the water. As a person I think I'm pretty adaptable to the different situations we might find ourselves in.



Thank you very much and see you on the water!!!

If you would like to read more about Saskia and Christina, look at: [www.gbr470girls.co.uk](http://www.gbr470girls.co.uk)